HEALTH AND MEDICINE

AT THE DOCTOR’S

Read the text. Number the pictures A–I in order 1–9. What do the words in bold mean? Underline the stress.

If you don’t feel well you can make an appointment to see your family doctor (GP) at the local health centre. He will examine you and ask what symptoms you have. He may take your pulse and temperature or take your blood pressure. Then he will usually make a diagnosis and decide how to treat you. He may prescribe you some medicine to cure your illness. You take the prescription to the chemist’s or pharmacy, where the chemist will usually give you some tablets/pills. Read the instructions carefully in case there are any side-effects. The doctor may also tell you to have one or two days off to rest and recover. With this treatment you will normally get better in a few days. If the doctor is not sure what’s wrong with you he may send you to see a specialist or arrange for you to have some more tests, for example X-rays. If you are seriously ill you may need to go to hospital and have an operation. You may need several weeks to get over the operation. It’s a good idea to have a medical check-up once a year.

SYMPTOMS

1. The same or different? Explain.
   a. What’s the matter with Kate? What’s wrong with Kate?
   b. I feel ill. I don’t feel well.
   c. He feels sick. He’s being sick.
   d. I feel sick. I feel dizzy.
   e. His ankle is swollen. His ankle is broken.
   f. His knee hurts. His knee aches.
   g. She’s in hospital. She’s at the hospital.

b. Describe the pictures.

MEDICAL CONDITIONS

a. Write M (minor) or S (serious). Explain what they are.
   - be pregnant
   - have an allergy
   - have a chronic illness
   - have flu
   - have a hangover
   - have a heart attack
   - have a stroke
   - have a virus
   - take an overdose
   - use needles
   - touch the bones

b. Underline the stress. Practise saying the words.

ALTERNATIVE MEDICINE

a. Match the alternative treatments and descriptions.

   - acupuncture
   - homeopathic medicine
   - massage
   - osteopathy

b. Underline the stress. Practise saying the words. Do you know any other kinds of alternative medicine?

c. Test each other’s memory by defining health and medicine words.